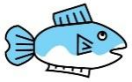
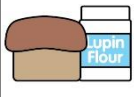
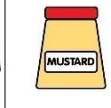
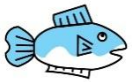
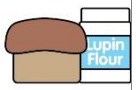
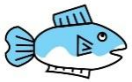
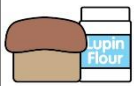
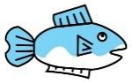
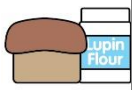
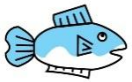
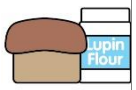
DISHES AND THEIR ALLERGEN CONTENT (including *May Contain*) – Updated Sept 2026

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans	✓														
Battered Chicken Fillet		✓	✓												
BBQ Chicken Topping	✓														
Bean & Roasted Vegetables	✓														
Beef Chilli con Carne	✓														
Beef Lasagne			✓					✓		✓					
Blueberry Muffin			✓		✓			✓							
Bread Rolls Brown			✓												
Breaded Fish			✓			✓									
Broccoli	✓														
Brown Rice	✓														
Carrot Cake			✓			✓									
Carrots	✓														
Carrots & Swede	✓														
Cauliflower and Broccoli	✓														
Chapatti Bread			✓												

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN														
		Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Cheese								✓							
Chickpea & Lentil Korma								✓						✓	
Chicken Curry								✓							
Chicken Korma Curry								✓							
Chicken Sausage			✓												✓
Chocolate Ice-cream								✓							
Chocolate Muffins			✓		✓			✓						✓	
Coleslaw					✓										
Fish Cakes			✓			✓									
Fish Fingers			✓			✓									
Garlic Bread			✓												
Gravy (Vegan)	✓														
Jacket Potato	✓														
Jacket Wedges	✓														
Jelly Orange	✓														
Jelly Raspberry	✓														
Jelly Strawberry	✓														
Macaroni Cheese			✓					✓		✓					

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margarita Pizza			✓					✓							
Mashed Potato								✓							✓
Mixed Vegetables	✓														
Mixed Yoghurts								✓							
New Potatoes	✓														
Oven Chips	✓														
Peas	✓														
Peach Slices	✓														
Penne Pasta			✓												
Pork Sausages			✓												✓
Potatoes Waffles	✓														
Quorn Vegan Burger			✓												
Quorn Roast					✓			✓							
Quorn Vegan Sausage			✓												
Rainbow Rice	✓														
Roast Beef	✓														
Roast Chicken	✓														

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN														
		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Potatoes	✓														
Roast Turkey	✓														
Sliced Bread			✓												
Soreen Bar			✓												
Spaghetti Hoops			✓												
Strawberry Ice-Cream								✓							
Strawberry Mousse								✓							
Sweetcorn	✓														
Tacos	✓														
Tomato & Cheese Pasta Bake			✓					✓							
Tomato and Tuna Pasta Bake			✓			✓									
Tomato Ketchup															
Tortilla Wrap			✓												
Tuna Mayo					✓	✓									
Vanilla Ice-cream								✓							
Vegan Mini Fillet			✓												
Vegan Vegetable Sausage			✓												

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN														
		Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Vegetable Burger			✓												
Vegetable Balls														✓	
Vegetable Hotpot	✓														
Vegetables Medley	✓														
Wedges Potato	✓														
Wholemeal Roll			✓												
Wraps			✓												